

UBOMBO
SUGAR LIMITED



MARAGRA
AÇÚCAR SA



KILOMBERO
SUGAR COMPANY



Zambia Sugar



ILLOVO
THRIVING
COMMUNITY

COVID-19

IT'S IN OUR HANDS



An AB Sugar company

CORONAVIRUS (COVID-19)



Click PgDn to advance



COVID-19

"IT'S IN OUR HANDS"

WHAT IS THE CORONA VIRUS?

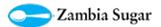


COVID-19 is a previously
unknown virus



The first cases were
identified in Dec 2019.

KILOMBERO
SUGAR COMPANY



COVID-19

"IT'S IN OUR HANDS"

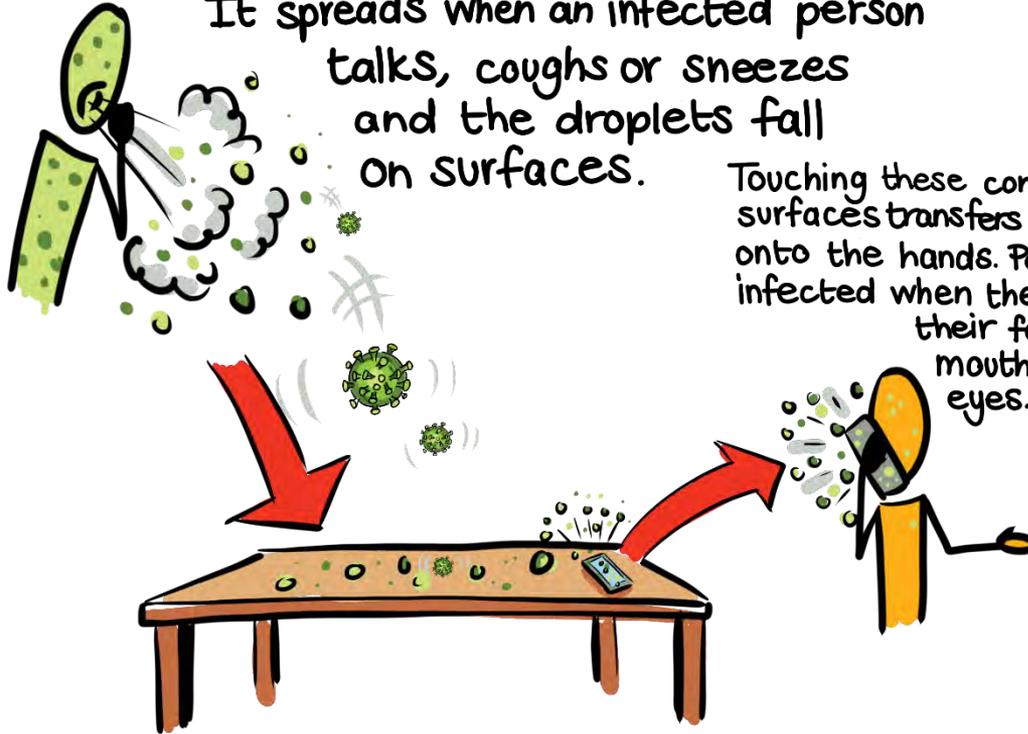
HOW IS IT TRANSMITTED?



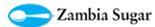
Compared to other viruses, COVID-19 is large and heavy.

It spreads when an infected person talks, coughs or sneezes and the droplets fall on surfaces.

Touching these contaminated surfaces transfers these droplets onto the hands. People get infected when they touch their face, mouth and/or eyes.



KILOMBERO
SUGAR COMPANY



COVID-19

"IT'S IN OUR HANDS"

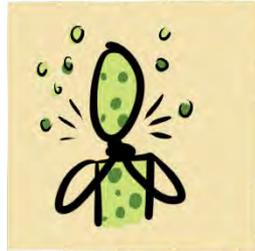
WHAT ARE THE SYMPTOMS?

People infected with COVID-19 may experience:

Fever



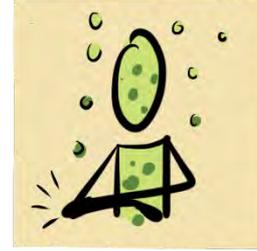
Sore throat



Cough



Muscle ache



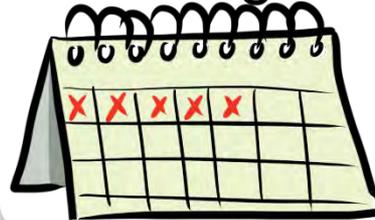
Shortness of breath



Diarrhoea



Most infected people develop symptoms within 5-14 days of infection.



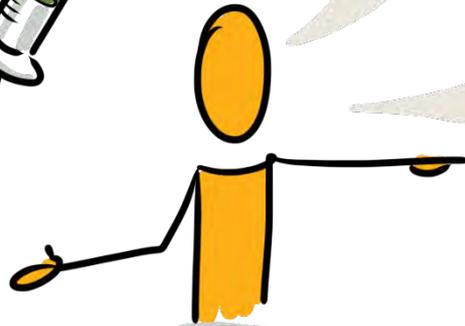
WHAT IS THE TREATMENT?



Is there treatment or vaccine for COVID-19?



Infected people receive supportive treatment for the symptoms they experience. There is currently no vaccine or treatment for the virus.



You can get reliable information about COVID-19 on the World Health Organisation website, which is updated regularly.

<https://www.afro.who.int/health-topics/coronavirus-covid-19>



KILOMBERO
SUGAR COMPANY



Zambia Sugar



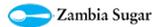
COVID-19

"IT'S IN OUR HANDS"

HOW CAN I PREVENT CATCHING THE VIRUS?



KILOMBERO
SUGAR COMPANY



Practising BASIC PERSONAL HYGIENE

is the most effective way
of preventing the spread of
COVID-19



COVID-19

"IT'S IN OUR HANDS"

HOW CAN I PREVENT CATCHING THE VIRUS?



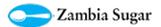
Wash your hands often with soap and water for at least 20 seconds



If soap and water are not readily available, use an alcohol-based hand sanitiser



KILOMBERO
SUGAR COMPANY



COVID - 19

"IT'S IN OUR HANDS"

HOW CAN I PREVENT CATCHING THE VIRUS?

Wash or sanitise your hands after touching door handles, utensils, money, bank cards and other surfaces in public spaces.



HOW CAN I PREVENT CATCHING THE VIRUS?



Avoid touching your mouth, nose and eyes.

Avoid sharing food cups, towels and personal utensils



Avoid handshakes, hugs or kisses when greeting others.



KILOMBERO
SUGAR COMPANY



Zambia Sugar



COVID - 19

"IT'S IN OUR HANDS"

HOW CAN I PREVENT CATCHING THE VIRUS?



Seek early medical attention and inform your line manager if you

- are feeling unwell
- have travelled to a high risk area
- have made contact with a confirmed infected person



Avoid activities or any gatherings where you are likely to be exposed to people from areas where the virus is circulating – such as funerals, community meetings, churches, sporting events, weddings, bars and beer halls etc.



COVID - 19

"IT'S IN OUR HANDS"

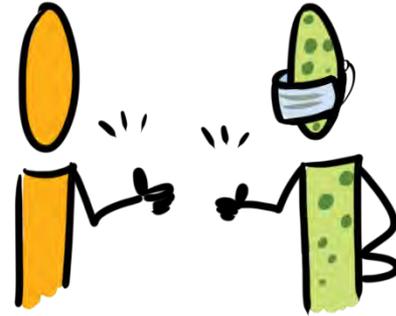
DID YOU KNOW?



Anyone can get the virus – it doesn't matter what you look like or where you are from.



Infected people should wear masks to help prevent the spread of infection.



Most people recover from the virus. The elderly are most at risk.



KILOMBERO
SUGAR COMPANY



Zambia Sugar



COVID - 19

"IT'S IN OUR HANDS"

DID YOU KNOW?

These things do NOT stop the virus! And can even cause unwanted complications.

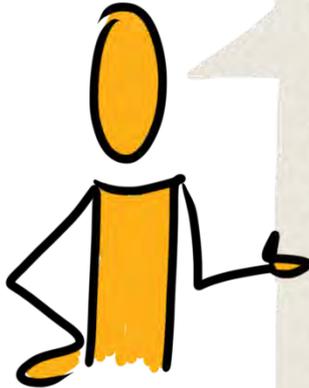


JUST
WASH
YOUR
HANDS!



ONE LAST THING TO REMEMBER...

DON'T PANIC



This virus will disrupt our lives, people we know will fall ill but most of them will recover. We will be OK. If we look after one another, we will get through this.



KILOMBERO
SUGAR COMPANY

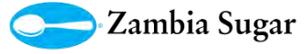


Zambia Sugar



COVID - 19

"IT'S IN OUR HANDS"



ILLOVO
THRIVING
COMMUNITY

COVID-19

IT'S IN OUR HANDS



An AB Sugar company

CORONAVIRUS (COVID-19)



COVID-19

"IT'S IN OUR HANDS"